



The Impact Retreat

Two days out to get clarity, build confidence
and step up as the best you.

25 & 26 January 2023

The Devonshire Arms Hotel & Spa
Bolton Abbey Estate, Skipton

deborahogden.com

Your Impact Retreat

Two days to focus on YOU, building more clarity and confidence, both personally and professionally.

What to expect! Two days with a small group of women like you, who recognise the importance of investing in themselves, showing up in their business, and are ready to dig a bit deeper to ensure they step up and be their best, authentic self. Supported by Deborah throughout, and some wonderful guest speakers.

Day One

9am for 9.30am Arrival and welcome

The day will include:

- A goal setting session as we take a short walk on the stunning estate.
- How to overcome reluctance to being visible
- Clarity of your message looking at 'who you are', your values, purpose & your key audiences.
- How you show up, communicating your brand message with impact.
- Guest speaker, wellbeing Expert.
- Presence - showing up to make an impact.
- Presenting with Confidence.

Lunch and refreshments throughout the day.

At the end of the day there will be the opportunity to enjoy the spa facilities before we meet for pre-dinner drinks and a private dinner.

Day Two

Breakfast

9am start with reflections from day one.

The day will include:

- Guest speaker: Jackie Crawford on Personal style and how dress impacts on our brand, wellbeing & confidence.
- Guest speaker: Perrin Read, showing us how to get the best from your photographs: insider tips on posing to appear relaxed and confident.
- Your personal visibility strategy to implement over coming months.
- Summary and celebrations from the retreat.
- 5pm finish.

Lunch and refreshments throughout the day

The Retreat includes a follow up one-to-one hour with Deborah, online, after 6 weeks.

The Devonshire Arms is a luxury Hotel & Spa situated on the Bolton Abbey Estate in the Yorkshire Dales. My aim of the retreat is for you to learn about yourself, grow your confidence and impact, in the lap of luxury. With this in mind I chose the venue on their warmth, exceptional service and the exquisite location.



Cost £1,625 + vat (early bird £1,495+vnt before 7 Nov)

(including Impact Retreat, overnight stay in a superior room, use of spa, all meals, drinks reception, private dining and follow up one-to-one hour with Deborah)
(payable over 3 instalments with a £500 deposit on booking)

Any questions or to book your place please email deborah@deborahogden.com

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